E-SAFETY

Practical parenting
in the digital age

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E-SAFETY

“E-Safety isn't all about your technical skills.

It's about behaviour and parenting!
Really no different to what we already do”

“Its about transferring your off line parenting skills online”

CHANGING TIMES

We're the first generation of parents in the age of iEverything

- We are digital immigrants
- Our Children are digital natives

THE INTERNET OF THINGS

Computer

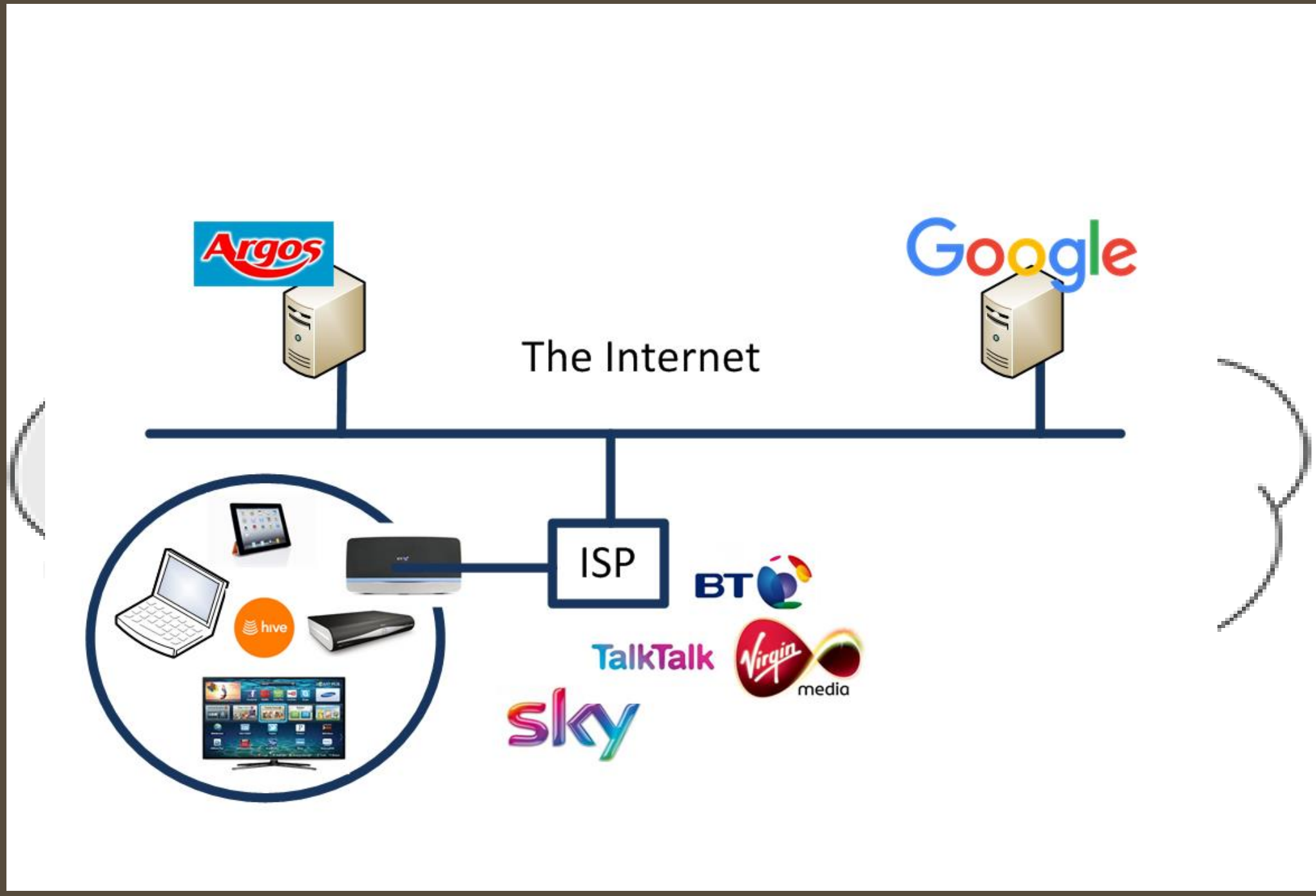
Tablets

Laptops

Smart Phones

- Television
- Games Consoles
- Hand held games consoles
- Printers

- Cameras – Geo tagging
- Home Phone
- DVD/Blu Ray Player (Netflix)
- Burglar Alarm
- Car
- Heating System
- Fridge
- ICO warning Webcam Streaming


Argos
Google
The Internet
ISP
BT
hive
TalkTalk
Virgin
media
sky

E-SAFETY AT SCHOOL

Department for Education

New Curriculum September 2014

Key Stage 1 (5 to 7)

- Use technology safely and respectfully, keeping personal information private
- Know where to go for help and support when they have concerns about material on the internet.

Key Stage 2 (7 to 11)

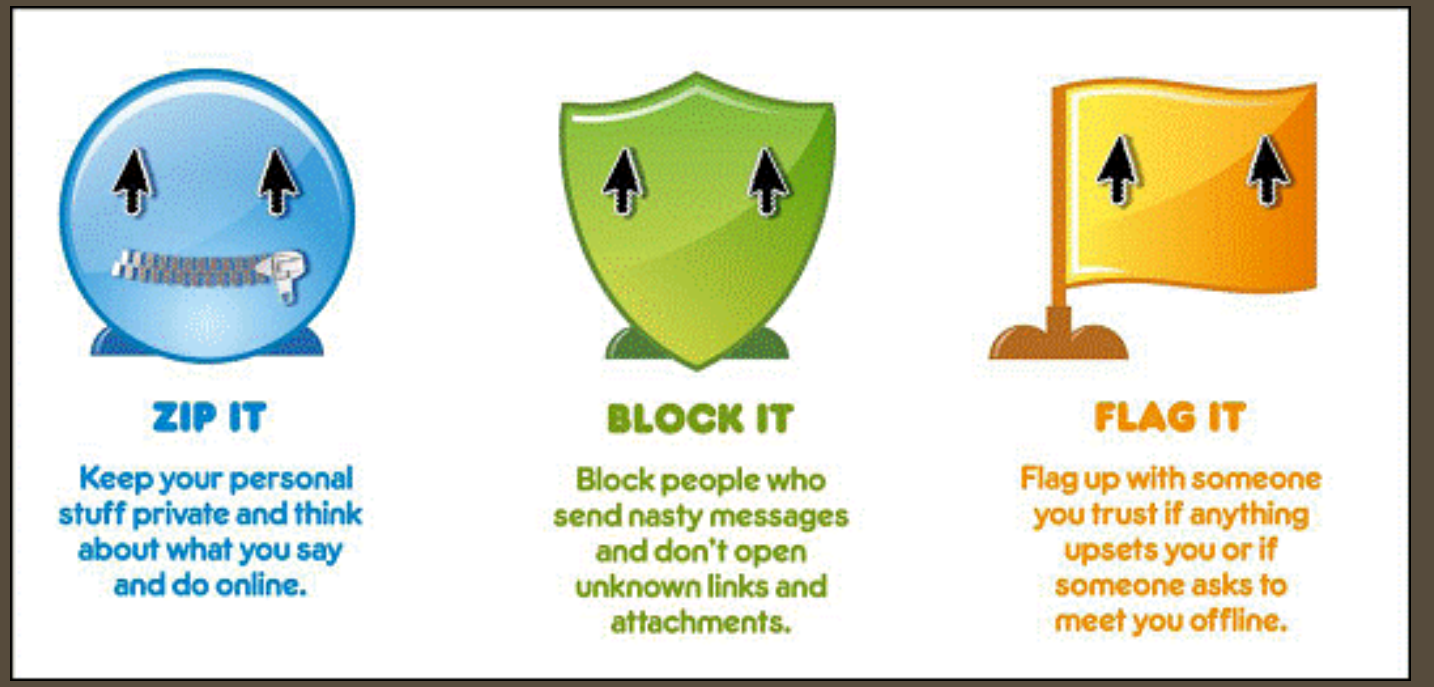
- Use technology safely, respectfully and responsibly
- Know a range of ways to report concerns and inappropriate behaviour.

Ofsted Will inspect aspects of safeguarding including e-safety

LONDON GRID FOR LEARNING

- Managed Filtering
  Sophos Anti-Virus
  London Mail
  USO
  Data Transfer
- Policies, training

FOR YOUNGER CHILDREN



FOR OLDER CHILDREN

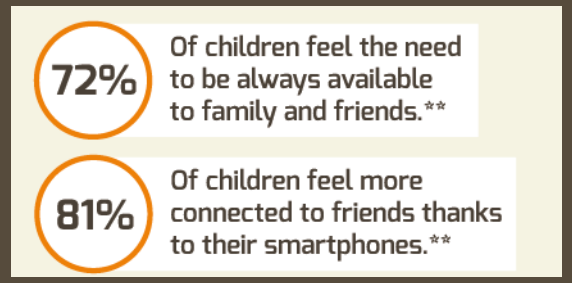
E-SAFETY AT HOME

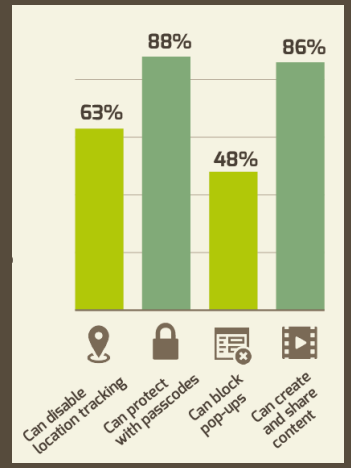
75% of homes have access to the internet

19% of young people have internet access in their bedroom

More than half of all children (53%) are never or hardly supervised online by their parents / carers

81% of parents think they know what their children are doing all or most of the time when they access the internet





WHAT DO CHILDREN DO ONLINE

"Digital technology is part of how young people define themselves" so be careful

Playing games

Making friends

Chatting

Searching

- Enforce Safe search – use child friendly alternative to google search e.g. Swiggle

Sharing

What do your kids watch on you tube

https://www.thinkuknow.co.uk/parents/Primary/Growing-up-online/

MINECRAFT:
A PARENT'S GUIDE

The basics

WHAT IS IT?

created by Swedish programmer and gamer Markus “Notch” Persson. The game was further developed under Persson’s guidance by the company Mojang and in 2014 Mojang was acquired by Microsoft.

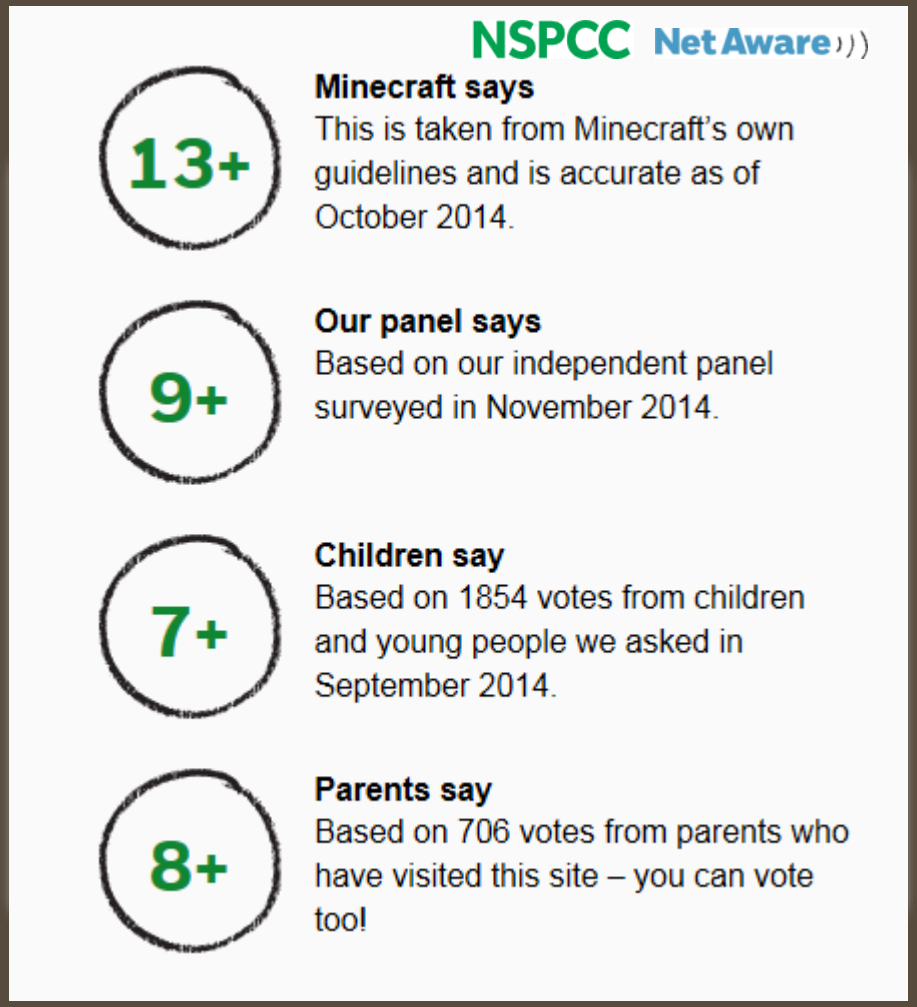
Sandbox ?
Procedurally generated ?

Every single Minecraft map, the space in which players play and explore, is unique. The game’s engine generates a unique world filled with different biomes, caves, creatures, and more

What Can You Play It On?
The game is available on a variety of platforms
(iPad, iPhone, Mac, PC
although many play it on Xbox 360).

IS IT APPROPRIATE FOR YOUNG CHILDREN?

- Terms and conditions say users should be 13 or older, but it's rated seven by PEGI and played by lots of young children.
- Nothing about Minecraft is inherently inappropriate for children.
- If you let your child play there are lots of ways to help them stay safe.



Staying safe

SINGLE PLAYER VS MULTIPLAYER

Single player

Safest mode.

Users play by themselves and can't use the chat function to communicate with anyone else.

Might be more appropriate for very young children.

Multiplayer

Server-based version that lets multiple users play together in a single world.

Players can communicate using the chat function – press T and then Enter to display the chat to others.

Has some risks but can still be used safely.

THE DIFFERENT MODES OF PLAY IN MINECRAFT

Creative Mode

In this mode, you can create your world, explore and enjoy building without the threat of zombies arriving. A player doesn't need to be concerned about survival, finding food or building shelter.

Survival Mode

this is the game mode in Minecraft (where most players play). The focus is survival and the player needs to build shelter, find food, fight enemies and collect resources that will help them survive long term. This mode can be played as a single or multi-player.

Hardcore Mode

Similar to Survival mode, but more difficult. The main difference is that you have only one life, and your entire world will be deleted when you die.

Adventure Mode

This also adds a layer of difficulty to Survival mode. The main difference is that you cannot break blocks unless you have the right tool.

STAYING SAFE ON MULTIPLAYER

- The safest multiplayer option is a private server, where only known friends and family can join.
- You can also search for profanity-free or family friendly servers.
- The chat function is great for collaborating with friends, but remind your children to be very careful about talking to anyone they don't know.

MINECRAFT YOUTUBE VIDEOS

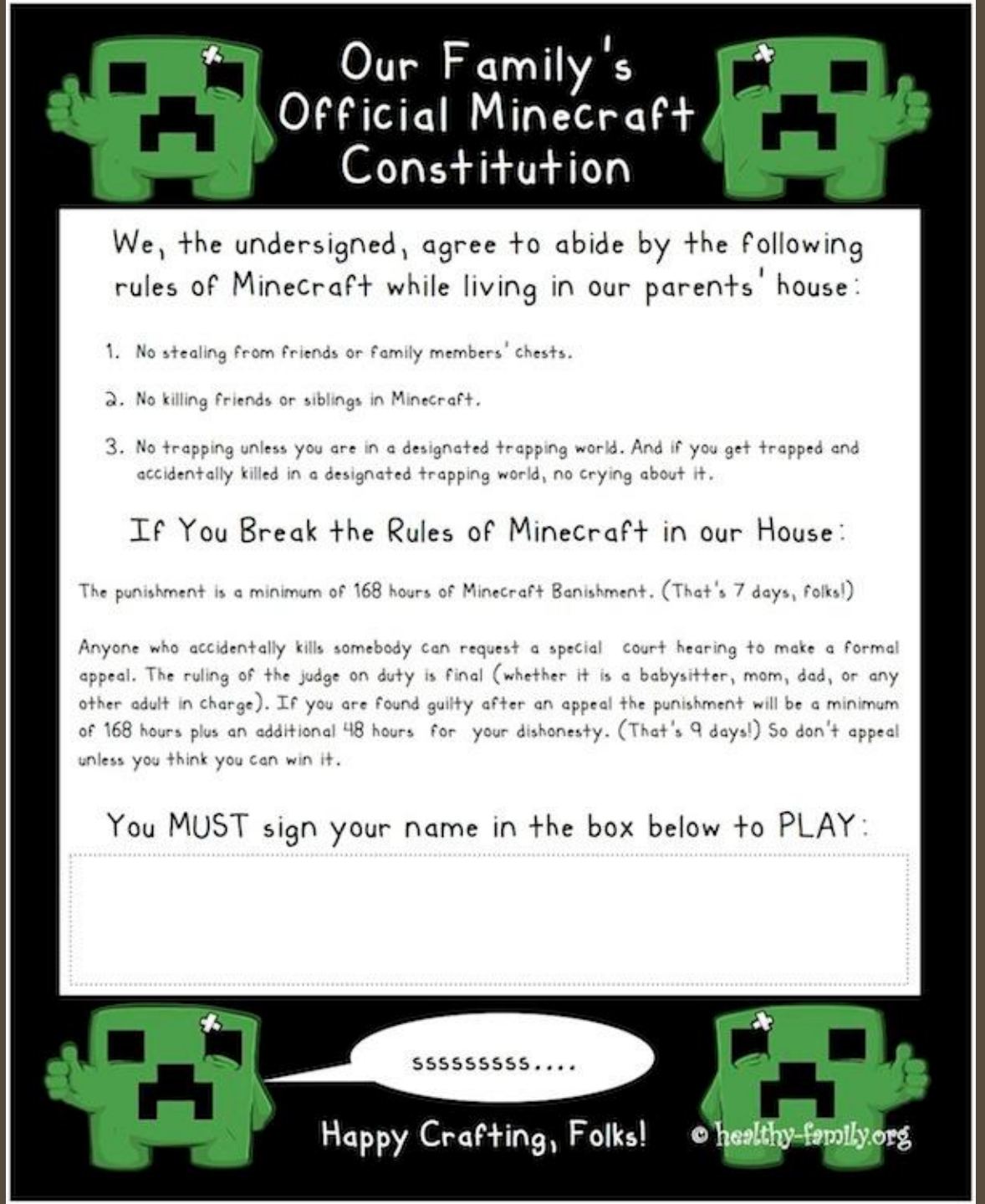
- Some users watch fan-created YouTube videos to learn more about the game.
- These videos are very popular – 3.9 billion views in March 2015.

MINECRAFT – TALK TO YOUR CHILD

As with any online activity, there are some safety concerns to keep in mind. If you have a young child who plays Minecraft, you might want to:

- Set the account up through your own email address and know their passwords – at primary age, this is not an unreasonable thing to ask.
- Discuss which settings you are going to apply prior to their joining the site – will you allow multiplayer, for instance?
- Speak to your child about unwanted contact and what to do if someone is being nasty or inappropriate to them in the game. Ask that they come to you if anything goes wrong, so you can make it stop.

MINECRAFT


Our Family's Official Minecraft Constitution
We, the undersigned, agree to abide by the following rules of Minecraft while living in our parents' house:
1. No stealing from friends or family members' chests.
2. No killing friends or siblings in Minecraft.
3. No trapping unless you are in a designated trapping world. And if you get trapped and accidentally killed in a designated trapping world, no crying about it.
If You Break the Rules of Minecraft in our House:
The punishment is a minimum of 168 hours of Minecraft Banishment. (That's 7 days, folks!)
Anyone who accidentally kills somebody can request a special court hearing to make a formal appeal. The ruling of the judge on duty is final (whether it is a babysitter, mom, dad, or any other adult in charge). If you are found guilty after an appeal the punishment will be a minimum of 168 hours plus an additional 48 hours for your dishonesty. (That's 9 days!) So don't appeal unless you think you can win it.
You MUST sign your name in the box below to PLAY:
sssssssss....
Happy Crafting, Folks!
© healthy-family.org

SOME APPS YOUNG PEOPLE MAY USE

Club Penguin
Club Penguin is an online multiplayer game where you can explore a virtual world using a cartoon penguin character.

Habbo Hotel
Habbo Hotel is a social network site where you can communicate and interact in a virtual hotel.

Moshi Monsters
Moshi Monsters is an online game where you can adopt and look after a pet monster.

Bearville
Bearville is Build-A-Bear online game. You can create a bear and move them around a virtual world.

Bin Weevils
Bin Weevils is an online virtual world where you can play online games, chat with friends, adopt a virtual pet, grow your own garden and watch cartoons.

Contact

- Online friends
- Privacy settings
- Grooming
- Cyberbullying
- Tell someone they trust!

BULLYING WHAT IS IT?

Usually defined as repeated behaviour meant to hurt someone else (physically or emotionally).

Could include:

- Assault or violence.
- Teasing, cruel jokes, name calling.
- Threats.
- Sharing unpleasant photos or comments about someone online.

WHO'S INVOLVED?

Anyone can be bullied, but it's more likely if they're seen as different in some way.

Especially common in certain groups:

- Over half of young LGBT (lesbian, gay, bisexual, and transgender) people say they've been bullied at school.
- More than 1400 calls to Childline about racist bullying in 2013.
- Primary school pupils with SEN are twice as likely to be persistently bullied.

Among young people who bullied someone online:

- 59% did it to fit in socially.
- 43% did it to keep from being targeted themselves.
- 25% did it in response to peer pressure.
- 12% did it because they were unhappy.

PitDA

PRACTICAL STEPS

- Find out what exactly has been happening.
- Keep a record of all incidents and when they occurred.
- Take screenshots of any messages before deleting them.
- Block and report anyone who's been bullying your child online.
- Change any passwords that might have been compromised by online bullying and check privacy settings.
- **Don't** confiscate your child's device or stop them spending time online.
- Make a plan for where your child can go to escape bullying at school.
- Make sure your child's school is aware – even if it's been happening outside school.

PitDA

IF YOUR CHILD IS THE BULLY

- Figure out what's really happening.
- Cooperate and accept the consequences.
- Don't panic or blame yourself – but think about the examples they see.
- Find out (and deal with) the reasons.
- Make sure they know it's not OK – and work on empathy.
- Remember your child's other qualities.

PitDA

Content

- 18 Adult content
- Hurtful and harmful content
- Reliable information
- Illegal downloading

Conduct

- Digital footprints
- Respect and manners
- Who can view their content?
- Keep their personal information safe
- Reporting

Commercialism

- £ Advertising
- In-app purchases
- X Pop ups
- Spam

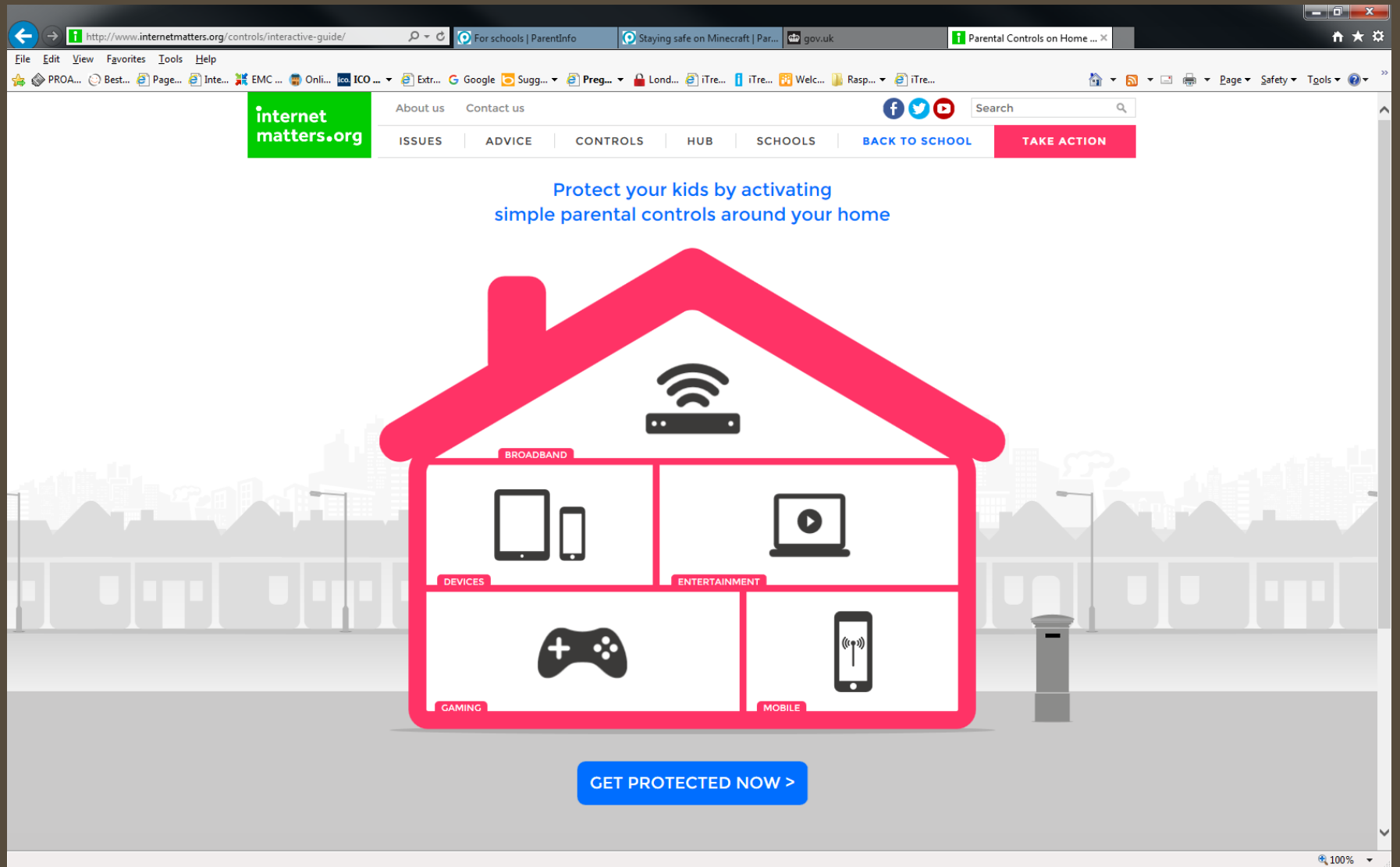
WWW…

It is really important to chat with your children on an ongoing basis about staying safe online. WWW – where?, who?, what?

Not sure where to begin? These conversation starter suggestions can help.

- Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
- Ask them about how they stay safe online. What tips do they have for you, and where did they learn them?
- What is OK and not OK to share?
- Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
- Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
- Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

KEEPING YOUR HOME SAFE



PARENTAL CONTROLS OFFERED BY YOUR HOME INTERNET PROVIDER

We know that children, particularly younger children, can be bothered by things they see online, and filters can be a helpful tool in reducing the chances of coming across something upsetting.

Remember that filtering is only part of the solution

The 4 big internet providers in the UK – BT, Sky, TalkTalk and Virgin Media - provide their customers with free parental controls which can be activated at any time.

They have come together to produce helpful video guides to help you to download and set-up the controls offered by your provider.

http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls

UK Safer Internet Centre

Home | About | Advice and resources | Research | Need help? | Safer Internet Day | Support Us | News

TV on Demand

Find out more about the parental control settings available on some popular TV on Demand services:

- BBC iPlayer Parental Guidance Lock
- 4OD Parental Control
- ITV Player PIN number protection
- Sky Go Parental Controls

It's worth asking your child about how they watch TV and films on their devices. If they're using a particular app or online service, why not check if there are any parental control settings you can make use of.

For more information, see Childnet's guide to Music, Film, TV and the Internet.

Young people

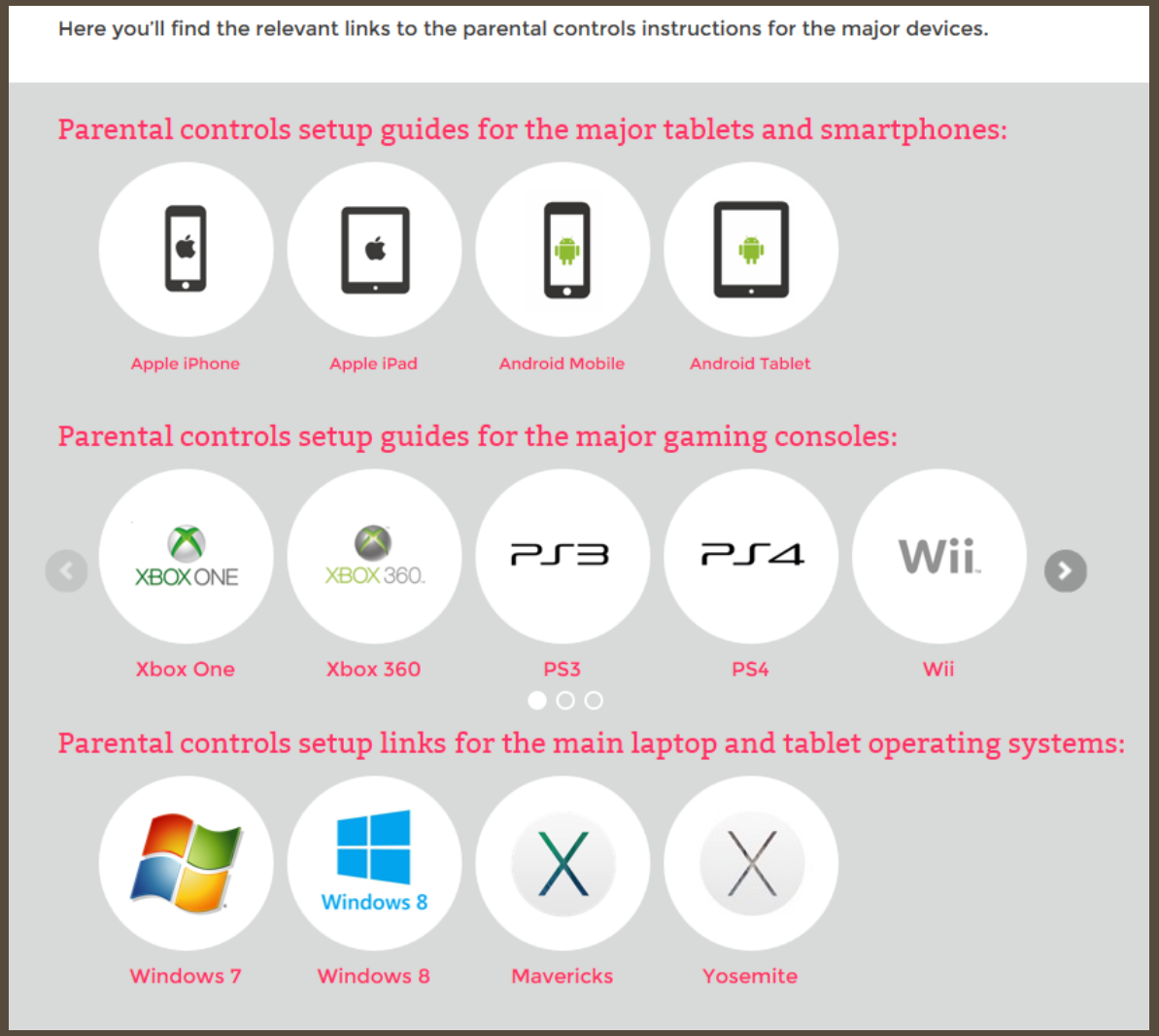
Parents and carers

- Have a conversation
- **Safety tools on online services**
- Social networks
- Browsers
- **TV on Demand**
- Parental controls
- Parents' Guide to Technology

Teachers and professionals

Foster carers, adoptive parents and social workers

PARENTAL CONTROLS – ALL DEVICES HAVE THEM



MICROSOFT FAMILY SAFETY

How Family Safety works

Just like on a sports team, the different players in Family Safety and Windows make up a team that works together. The players are:

- **The Family Safety Filter Software** you install and set up on each computer your kids use. It monitors your kids using safety settings that you select.
- **The Family Safety website** Where you choose and manage all the settings for each family member and view their activity reports. You can create settings on the website once and then they'll apply to every computer that you've installed the Family Safety Filter on.
- **Windows Parental Controls** Turned on in Windows when you use Family Safety. You can use Windows Parental Controls to set up more safety settings for your kids' computers.

WHERE CAN I GET HELP?

- http://www.internetmatters.org/
- http://www.saferinternet.org.uk/advice-and-resources/young-people/3-11s
- http://asp-gb.secure-zone.net/v2/index.jsp?id=1134/2660/5747&lng=en Vodafone Digital Parenting http://www.vodafone.com/content/parents/digital-parenting/view_magazines.html
- http://www.childnet.com/resources/kia/
- https://www.thinkuknow.co.uk/parents/ CEOP (Child Exploitation and Online Protection Centre)
- http://www.esafety-adviser.com/wp-content/uploads/2015/02/Parents-Online-Safety-Newsletter-Edition-9.pdf

ChildLine

National Society for the Prevention of Cruelty to Children [GB] https://www.childline.org.uk/Pages/Home.aspx

Change wallpaper | Help | Accessibility

ChildLine 0800 1111

Play games, vids, fun | Explore advice, info, help | Talk call, email, chat | Enter search term

Your locker
Log In | Sign up

You are here: ChildLine

Your rights

Sex

How you look

Need to talk?

Contact ChildLine anytime - calls are free and confidential

Call 0800 1111

- Find out more about contacting ChildLine
- Have an online chat with a counsellor
- Visit or post on the message boards
- If you're an adult visit our info for adults page

Hide page

How you look

Lots of people worry about body image. If you're not happy about the way you look, read our advice on how to feel better about yourself. Find out more.

What can I do right now?

- Open dialogue with your child
- Family agreement
- Consider filtering and blocking software
- Think before you/they post
- Understand the laws
- Privacy settings and reporting
- Save the evidence and report the incident
- Age ratings on apps and games
- Protect their personal information

Sign up to the UK Safer Internet Centre newsletter at:

saferinternet.org.uk

internet matters.org

What you can do now

Learn

Learn more about what your children are doing online and understand the issues

Talk

Talk to your children about what they might come across online and how to stay safe

Deal

Use parental controls to filter the content your child is able to access

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