

Headteacher message

Next week is the last week before half term. Please ensure your children attend for the full week as often around holidays, our attendance figure falls due to families taking extended holidays which are not authorised.

Parent Coffee Mornings

Parents who have been attending our coffee mornings have found the sessions useful and informative. Parents have expressed a real desire for many more parents/carers to attend. In the sessions so far, we have covered topics related to Special Educational Needs. If there are any specific topics you would like covered, please contact Miss Waysay.

The slides that have been shared with parents/carers during these sessions will be put on the school website for your reference. Please note next week's coffee morning will take place on Wednesday 18th October from 9:00-10:00am in the main hall.

Book Fair

A big thank you to all our families for supporting the BOOK FAIR last week.



Thanks to your purchases, we sold £690 worth of books! This means the school will get £276 worth of books for the Class book corners. Thanks again to all of you who enjoyed the books on offer. We hope your children will enjoy reading their new books.

Bond road closure

As you may be aware Thames Water are undertaking essential works on Bond Road which has resulted in partial road closure. If traveling by car to school, please allow sufficient time for your journey.

Phase 1- October 2nd—November 29th: Road closure in place from the junction with Western Road to approximately outside number 92 near the junction with Laings Avenue.

No Cash!

We are a cashless school. All payments for trips or clubs should be made via Parent Pay unless specified otherwise.



Dates for diary

Monday 16th October

Jasmine class trip to Mitcham clock Tower and library

Year 5 trip to Science museum

Wednesday 18th October

Year 2 walk around the local area

Thursday 19th October

Year 6 trip to V and A museum

Protea Class assembly (date has changed)

Friday 20th October

Individual/siblings photograph

Monday 23rd October– Friday 27th October

Half term

Tuesday 31st October

Children return to school

Attendance Stars



Classes with the best attendance this week:

Poppy: 98.9%

Protea: 99.1%

Whole school attendance: 95.4%

Well done to everyone!

Remember our whole school target is 96%!

Online Safety

Internet Matters has developed a range of resources aimed at supporting schools and parents to promote and gain more knowledge about how to keep our children safe online.

` Digital devices have become a central aspect of so many of our lives - children included. Therefore, it is essential that adults communicate with young people about digital usage and begin to create positive digital habits. That's where we come in! In collaboration with EE, Internet Matters have created a series of free videos exploring ways in which adults can promote secure online behaviours to young learners.

Each video has clear focus and learning outcomes of each resource:

- Creating digital habits and rules early - ways to better manage children's habits around screen use.
- Supporting mindfulness in toddlers - help young learners build critical thinking and resilience through discussions and activities to reflect on mood following their media use.
- Setting up devices for safety - step by step advice on how to implement key safety settings on devices and apps popular with under-5s.
- Partaking in regular digital chats - how to have early talks about children's digital lives to create habits that help children open up as they grow and face new issues.

Please visit: <https://www.internetmatters.org/>



Child Anxiety



Triple P Fear Less Parenting Programme

Is this your family?

Does your child (aged 6 to 14 years) have anxiety that is affecting their everyday life? Does your child's anxiety prevent your child or your whole family, from doing certain activities? Your child may be worried a lot of the time. You may swing between reassuring them and telling them to face their fears. Neither of these seems to work, and their anxiety seems to increase. You may feel like you've tried everything, and possibly may be anxious yourself. If parenting a child with anxiety is affecting your life and you'd like to help your child worry less and be more confident, Fear-Less Triple P can help.

What is Fear-Less Triple P?

Fear-Less Triple P helps you set a good example of coping with anxiety, coach children to become more emotionally resilient and develop your own toolbox of strategies. You can choose how to best support your child as they learn to manage their anxiety effectively. Fear-Less Triple P encourages you to use practical strategies with all family members, not just the child who seems especially anxious. In this way, the Fear-Less Triple P program helps the whole family to reduce unnecessary fear and anxiety.

Who is this programme for?

Parents of children / teenagers

(approximately 6-14 years old) who are overly anxious or fearful. Triple P can help you • encourage your child's coping skills • help your child manage their anxiety. • teach your child problem solving skills • become confident as a parent • take care of yourself • This parenting programme is delivered in a group setting in Merton.

What is group Triple P Fear Less?

A broad-based parenting intervention delivered over seven weeks for parents of children from 6 to 14 years. The program involves six (2-hour) group sessions of up to 12 parents. Parents actively participate in a range of exercises to learn about the causes of child/teenage anxiety, setting specific goals, and using a variety of strategies to support your child/ teenager with managing their anxiety, planning for anxiety inducing situations with your child/teenager.

Venue

Bond Road Family Centre (Beside Bond Road Primary School)

WHAT IS COVERED IN SESSIONS WITH PARENTS?

Pre-Course Interview (done with parents individually) Parents complete pre course assessments and discuss some of the challenges they may be having with their child.

Session 1: Understanding Anxiety

Session 2: Promoting Emotional Resilience in our Child/ Teenager

Session 3: Setting a good example and encouraging realistic thinking

Session 4: Overcoming Avoidance

Session 5: Responding to Children's Anxiety

Session 6: Constructive problem solving and maintaining progress.

STAND
OUT &

SHOW UP



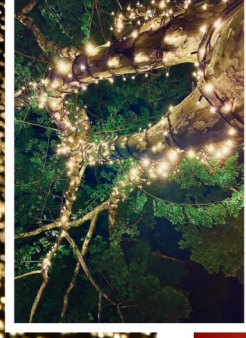
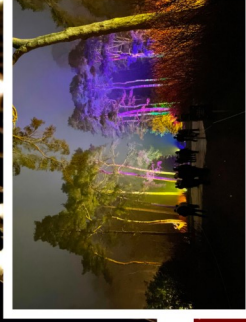
#HelloYellow

M&S | YOUNGMINDS

Thank you from the depths of our hearts for your donations to the #HelloYellow fund. We have made a grand total of **£140.29**, which we will posted to the fund. We managed to make this amount just by asking for a donation. Imagine what we can do in future.

Everybody looked sublime in their yellow attire. It is always lovely to see the smiles on your faces on these days - please keep it up. I hope you have learnt some strategies, which you can use to help with your mental health. Continue to come up with some strategies and sharing these with your friends and families.

Thank you to the school councillors for contributing to the organisation of this day. I am sure you have more exciting ideas up your sleeves!



The Wimbledon Festive Light Trail

23rd November to 17th December, 5.00pm to last entry 9.00pm

Come along and get into the spirit of Christmas and make the most of the festivities by stepping into a magical world of light, colour and sound, as you explore the grounds of Cannizaro Park adorned with thousands of lights transforming the gardens into an enchanted winter wonderland. An unmissable event to start off the festive season! You cannot beat the magic of Christmas.

Cannizaro House,
West Side
Common, London
SW19 4UE

www.festivelightdisplay.co.uk

Year 6

This Friday, Sunflower Class visited AFC Wimbledon as part of their Stadium Schools outreach project. Children learnt about diversity in sports and were able to design their own No Room for Racism posters for the FA before having a stadium tour. Of course the visit would not have been complete without a game on the iconic grounds. A great time was had by all.

Thank you to Scott, Kai and the entire team at AFC Wimbledon.



Diablo!



The circus has come to Bond! Well not exactly. We have a diabolo lunchtime club for a small number of children. Demonstrating lots of perseverance and concentration, they have been practising tricks but most importantly having lots of fun!



Girls Football

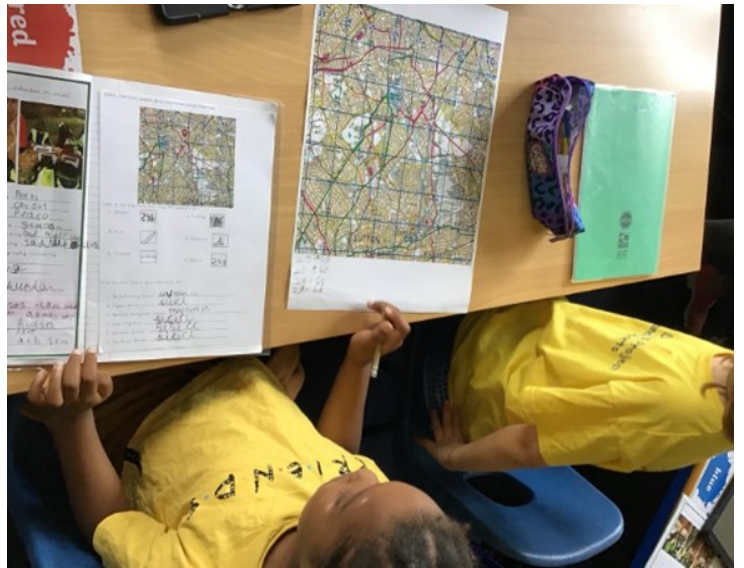
Our first all girls football tournament took place on Friday. An all girls squad from years 3 and 4 coached by Mrs Fowler and Mrs Mrozik, came fifth place out of 10 schools having won 2 matches and drawn another 2. This was their first time playing competitively!

Well done to our Bond girls!



Geography

Year 3 have been excellent geographers this week! We used IPADS, digimaps and OS maps to read 4 figure grid references of physical and human geographical features in our local area. This was our first time using coordinates on maps and the children did a fantastic job at learning this tricky skill



EARLY YEARS

Nursery and Reception hosted their first Reading Together morning this week. It was a great success and the children really enjoyed reading with their parents/carers. These sessions will be held every Friday from 8.50am to 9.20am. We hope you will be able to join us again next week!

