

## Headteacher message

Summer has finally arrived! Clear blue skies and a gentle breeze ingredients for a glorious day. As temperatures rise it is important to remember to enjoy the sun safely. Please ensure that:

- sun cream is applied before school regardless of skin complexion
- caps or summer hats are worn
- your child has a water bottle which can be refilled during the course of the day
- any hay fever medication is administered before school
- children are adequately dressed in school uniform including shoes. Crocs and open toed sandals etc are not appropriate for school

For more information and tips about how to keep safe in the sun please visit the NHS website:

<https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/>

## Carnival Time

**Mitcham Carnival, Sunday 25 June 2023:** After a four-year absence, Merton are delighted to offer another great community event this year. Mitcham Carnival is fast upon us – Sunday 25 June 2023 10:30am - 5:00pm. We've already booked a number of stalls and features. You can expect just as much fun for the whole family as we have enjoyed in the past. Please share this information with your school community.

As part of our Merton 75<sup>th</sup> Windrush Celebrations this month, we will be holding a One Love Parade of Nations at the Mitcham Carnival. The Parade will be a short. 10-15 minutes walking procession around the parade ground, commencing at 12 noon. The procession will be led by Madam Mayor, Cllr Gill Manly.



## Watches

Please do not send your children to school wearing watches. We are seeing a increasing number of children wearing watches and particularly those that are smart watches with phone functionality. We have clocks dotted around the school to support children with telling the time. It is not necessary for the children to wear watches whilst at school.



## Dates for diary

### Class assemblies

Class	Date
Hibiscus	Wednesday 21st June
Year 1	Wednesday 14th June
EYFS gradation dates	Will be sent separately

### Tuesday 27th June

Year 2 trip to Three Kings Park

### Friday 30th June

Bond Carnival

### 3rd July –7th July

Sports Week

### 10th July –14th July

End of year class celebration assemblies



## Attendance Stars

Purple Butterflies—94.5%!

KS1— Poppy class 94.1%

KS2—Orchid 98.3%

Whole school— 94.2%

Our school target is 96%

Well done to you all!

Winning classes can have non school uniform day on Thursday 22nd June.

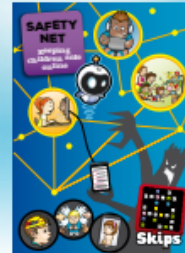
# Keeping Children Safe Online

Summer holidays – Parents guide to help keep children safe online

## School's out for summer!

It's always best to be prepared

During the summer holidays, without the distraction of school, internet usage for many young people can increase all the way up to September. This guide is designed to help parents with a realistic approach to help keep their children safe when using the internet, social media and playing online games. Please click on each image below for more information.



A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Live Streaming



A Parent's Guide to Online Grooming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

**Parents** please contact your school if you would like to attend a parents internet safety workshop or have any concerns.

**Schools** please [contact us](#) if you would like a SKIPS Safety Net session delivered to your parent groups or staff.

### Skips Educational

Web: [www.skipssafetynet.org](http://www.skipssafetynet.org)  
Email: [info@skips.com](mailto:info@skips.com)  
Tel: +44 121 227 1941

142 Newton Road  
Great Barr  
Birmingham B43 6BT

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Developed in partnership with



**Skips**

Keeping children safe online

[www.skipssafetynet.org](http://www.skipssafetynet.org)

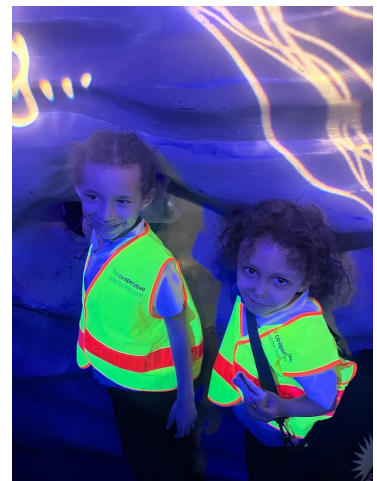
If you would like further information on how to set up parental controls please visit

<https://www.internetmatters.org/parental-controls/>

# Under the Sea!



Today a small group of our children went under the sea—well not literally. They visited the London Aquarium. They could not hide their excitement. For many children, it was the first time visiting Central London and going on the underground so this was quite an adventure!







# MERTON UPLIFT JUNE WORKSHOPS

LIMITED PLACES AVAILABLE BOOK YOUR PLACE TODAY!

CONTACT: 020 3513 5888 | EMAIL: [MertonWellbeing@swlstg.nhs.uk](mailto:MertonWellbeing@swlstg.nhs.uk) | Book direct on Eventbrite: Merton Uplift events. All workshops are FREE of charge and available for those aged 18+ and a Merton resident or registered with a Merton GP

## WELLBEING

### WELLBEING FOR CARERS

FRIDAY 9TH JUNE | 10.30- 12.00 | WIMBLEDON LIBRARY

### RELAXATION AND MINDFUL WALK

WEDNESDAY 14TH JUNE | 11.00-12.00 | MORDEN HALL PARK

### COPING WITH STRESS

FRIDAY 16TH JUNE | 13.00-14.30 | ONLINE

### WELLBEING FOR NEW PARENTS (BABIES <1 YEAR OLD WELCOME TO ATTEND)

MONDAY 19TH JUNE | 11.15-12.45 | COLLIERS WOOD LIBRARY

### MENOPAUSE AND MOOD

THURSDAY 22ND JUNE | 11.00- 12.30 | ONLINE

### LIVING WELL WITH PAIN

TUESDAY 27TH JUNE | 14.00- 15.30 | ONLINE



## EMPLOYMENT

### STAYING WELL AT WORK

THURSDAY 22ND JUNE & TUESDAY 27TH JUNE | 17.30- 19.00 | ONLINE

### GETTING BACK TO WORK

THURSDAYS 22ND & 29TH JUNE | 11.30 -13.00 | ONLINE

## MERTON UPLIFT RECOVERY COLLEGE

### IMPROVING SELF-CONFIDENCE

WEDNESDAYS 21ST & 28TH JUNE | 13.00 - 14.30 | ONLINE



nextdoor

NHS-Merton Uplift



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merton-uplift-wellbeing



0203513588

# Year 2



In Year 2, we have been thinking about how to write a suspenseful paragraph. We started by looking at what it's like to be in Antarctica during a storm and then wrote some sentences in groups to describe the storm. We then chose our best sentences and re-arranged the order as a class to make a suspenseful story opening.

