### Headteacher message

We have come to the end of another wonderful half term. I am always so amazed by the resilience and attitudes to learning that our children have. Our children have hit the ground running, demonstrating great effort resulting in great gains in progress. Well done children we are all so proud of you!

A few weeks ago a small group of year 5 children came to me expressing concern about keeping safe in the local community, particularly around `stranger danger'. They came together and produced a PowerPoint presentation to deliver key messages to raise awareness around this issue. This week they presented to classes in KS2. I am incredibly proud of them. The amount of thought and consideration they put into creating and delivering their presentation showed a high level of maturity. Well done to you all.

### **Future Thinking**

A reminder that we will organising a `careers week' for our children. It is so important for the children to be aware of the various career opportunities open to them and the skill set these roles require. If you or someone you know is business owner, works in a bakery or kitchen, works in the health sector, sports and leisure sector, education sector, law sector etc. please come forward and offer your time to speak to the children about your role. Your input could really inspire a child and open their eyes to a world of possibilities. Please contact the school office leaving your details.



Attendance Stars!

Well done to the following classes for their attendance last week.

Protea-100%

Dhalia— 97.7%

#### Our whole school target is 96%



Dates for diary

Friday 28th May	Last day of half term
<u>Monday 31st May - Fr</u>	iday 4th June half term
Monday 7th June	School reopens
Monday 14th June	Class Photos
Wednesday 23rd June	Year 6 Height and weight s
	screening
WC: 12th July	End of year celebration assemblies
Thursday 22nd July	Last day of term—
	school closes at 2pm

<u>PE</u>

Children should continue to come to school in PE kits after the half term on their allocated PE days. Please ensure that earrings and items of jewellery are removed.



# Healthy Eating

At Bond Primary School, we have a strong focus on developing children's understanding of developing and maintaining healthy life choices to support positive mental and physical well being. A key component to this is about what we eat. Our school dinners follow very strict guidelines regarding the amount and types of food to constitute a healthy meal. We need to ensure that our children's packed lunches reflect those same expectations.

Providing packed lunches can be a challenge at times. Trying to add variety and balance may not always be appealing to children but there are some clear items to avoid.

Avoid	Replace with
Crisps	Savoury snacks e.g. plain breadsticks, crackers, plain biscuit
Sweets/chocolate items	Fruit or vegetable sticks Yoghurt, rice pudding
Flavoured drinks— fizzy, juices, cordials	Water
Sweet sandwich fillings such as jam, Nu- tella/chocolate spread	Replace with fillings such as cheese, tuna, chicken, egg , hummus, cucumber etc being sure to include some salad

#### PLEASE REMEMBER WE ARE A NUT FREE SCHOOL

The following websites provide ideas and inspiration for tasty and healthy packed lunches.

https://www.nhs.uk/change4life/recipes/healthier-lunchboxes#lunchbox-recipes

https://www.bbcgoodfood.com/howto/guide/school-packed-lunch-inspiration

https://realfood.tesco.com/curatedlist/lunchbox-ideas-for-kids.html

https://lifemadesweeter.com/easy-school-lunches/

# Walking to School

## Tell us about your journey to school!!

Bond Primary School is working with Living Streets, the UK charity for everyday walking and Merton London Borough Council to encourage more pupils and parents to walk, cycle or scoot to school.

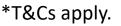
## From May 2021 Bond will be joining

WOW – the year-round walk to school challenge and children will have the chance to earn fantastic WOW badges, made from recycled yogurt pots, each month by walking or cycling each week. More details to follow!

Before the programme begins, we want to ask parents to complete a quick survey about their current journey to school and what might make walking or cycling more possible.

This will help Living Streets arrange how best to support Bond Primary School and improve the journey to school for all our children.

Complete this survey, to be in with a chance to win £20 high street voucher\*.







Year 1

Over the past few weeks Year 1 have been using the laptops. We tried hard to write different flower names and then experimented with changing the font, size and colour of the words.

We also used the program Paint to draw a picture of a rocket. We used the rockets we had made as part of D.T. week, for inspiration.

We are becoming Computing experts!

