

growing up, children have a natural curiosity around the human body some of which will present themselves in an age appropriate way and others less so. The NSPCC PANTS lessons aim to ensure that children will be able to:

- Understand and learnt the PANTS rules
- Name body parts and know which part should be private
- Know the difference between appropriate and inappropriate touch
- Understand that they have the right to say 'no' to unwanted touch
- Start thing about who they trust and who they can ask for help

In order to help you to understand the PANTS lesson and support this at home, NSPCC has developed resources for parents on the NSPCC website.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

Beginning and End of Day

The beginning and end of day are busy periods particularly in our KS1 playground. Please ensure that you keep children with you at all times. If you have older children, please remind them that they are not to play in the KS1 playground at the

BOND PRIMARY SCHOOL



Dates for diary

Nursery closed—April 1st

Friday 1st April - Last day of term finish
1:30pm

Tuesday 19th April—School reopens to
children

Nursery parents meetings—21st and
22nd April

Attendance Stars!



Well done to the following classes for
their attendance .

Dahlia—97.9%

Butterfly—96.1%

Dahlia class went to St Paul's Cathedral. It was very exciting, especially since a lot of us had never been on the London Underground before. We had a great time exploring a part of London that a lot of us had never seen before.



Sport

A group of year 5 and 6 children were chosen to represent the school Merton School Cross Country competition. I am not convinced that they knew what they were letting themselves in for. The competition took place at Prince George's Playing Fields in Rayne Park. They battled wind, rain and very muddy conditions but they all tried their hardest. A huge well done to all of the children who took part. You were all great ambassadors for our school—exceptional behaviour and such brilliant team work!

This week in Purple Butterflies we have really enjoyed learning outside in the sunshine! We did lots of fantastic activities.



George decided he needed to build a shelter to protect him from the sun, so he created a house made of blocks and said "now the sun can't find me!" Bonnie was also trying to hide from the sun, so she asked Zahra to cover her up with a box!

Aisha and Dan have been practicing their number bonds! Aisha counted out 10 blocks, then changed the colours around so she had different amounts of each block. Then, she said "I have 7 yellow and 3 blue that makes 10! I'm really good at maths I'm a genius I think!".



Gaja has been practicing her balancing! She lined all the wooden blocks up, then walked across the top. She said "this is too easy!". Then she turned them side ways and rolled along, she said "This is trickier!".

Dear Parents and Carers

COVID-19 update – national changes

Since writing to you at the end of January, we wanted to share the latest guidance on testing and self-isolation, which affects everyone including children and young people.

Under the government's new 'Living safely with COVID' approach, the advice is to treat COVID symptoms like other respiratory illness, such as flu.

Consequently, there are various changes to testing and self-isolation that are summarised in the table below. There is an expectation that the experience of the pandemic will foster a new civic norm for anybody with respiratory symptoms to avoid spreading infection. More clarity is expected about what that would mean, including possible implications for schools.

Please see table below which shows the current guidance that we need to follow until 31st March and what the expectations are from 1st April.

Rule	What is the current guidance to be followed until 31 st March?	What is the guidance from 1 st April?
Testing: Lateral Flow Device (LFD) Testing for those without symptoms	The Government has removed the guidance for staff and pupils in year 7 and above to test twice weekly from 22 nd February. However, testing currently continues for staff and pupils in special educational needs settings up until 31 st March.	No change for mainstream educational settings. We are waiting for more information on regular testing in SEND settings from this date.
Testing: PCR test for those with symptoms	Anyone with any of the recognised symptoms (lack/change in smell/taste, high temperature, new continuous cough), should	You are no longer required to get a PCR test if you have symptoms – PCR tests are reserved for clinical

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Vaccination is the first line of defence in keeping safe from COVID. Latest scientific evidence demonstrates its safety in pregnant women – one key point was that of those pregnant women in intensive Care Unit (ICU), nearly all of them were unvaccinated. Other evidence shows that people who are vaccinated had a lower chance of having 'long COVID' – this is where COVID symptoms lasts weeks or months after the infection has gone.

It's never too late to get vaccinated. You can book your own or your children's COVID vaccine following this link: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

In addition to 12-15 year olds and 5-11 year olds who are at high risk, all 5-11 year olds will now be eligible for COVID vaccination:

- 5-11 year olds who are high risk: If your child has been identified to be in this group, you should have been contacted by your GP Practice. If this has not happened, please contact your registered GP practice.
- All 5-11 year olds: All children in this age bracket can book to get protected against COVID from April 2022 onwards. The details of this programme is being planned at the moment, it is expected that vaccination will happen in local vaccination sites and in some schools.

Yours sincerely



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Self-isolation rule after positive test	From Thursday 24th February, the legal requirement to self-isolate following a positive test was removed, however, the public health advice is still the same: adults and children are advised to stay at home, and limit contact with others, for at least 5 full days when they test positive. At the end of the five full days, they should continue to stay at home and limit contact until they receive two negative LFD test results on two consecutive days.	PCR testing will no longer be available for everyone with symptoms. Instead it is envisaged that people will treat and manage COVID like other respiratory infections such as flu – so if you are unwell and have any of the symptoms, you are advised to stay at home until you are well.
Close contacts	Contact tracing has ceased since 24 th February. Close contacts of a positive case are no longer required to undertake daily lateral flow tests for 7 days or self-isolate.	No change

After 31st March, is there any advice on how to stay safe with COVID? COVID virus is still among us and we need to continue to take actions to keep each other safe. There are 5 safe behaviours that we can maintain to ensure that we can carry out our daily lives as safely as possible:



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South West London Health & Care Partnership want to hear from parents about the vaccination programme for children and young people aged under 18. This feedback will help us to shape our approach and give you best information about the COVID-19 vaccine so that you can make an informed decision. Fill in the survey for a chance to be entered into a £100 prize draw: <https://www.surveymonkey.co.uk/r/under18surveyLIVE>

Focus group for parents and carers of 5-11 year old children

South West London Health & Care Partnership invites you to join a focus group with a local healthcare professional to share your views and ask questions about the COVID-19 vaccination. If inter-

